



# Spring & Summer 2019 Workshop Catalog

**Come learn something new!**  
**Collaborate with colleagues!**  
**Create materials, connections and resources!**

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## Critical Incident Stress Management (CISM)

This two-day workshop is designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum. The Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide group crisis interventions, specifically demobilizations (RITS), Crisis Management Briefings (CMB) and Defusing Interventions and the Critical Incident Stress Debriefing (CSID).

Facilitator: Chief Peter Volkman, MSW

**Dates: June 24 & June 25, 2019**

Time: 8:30 a.m. – 3:30 p.m.

Lunch is included

Location: Questar III Conference Center

Target Audience: School Counselors, Security/safety personnel, Administrators, Teacher leaders

Fee: \$150

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098799>

## Establishing and Monitoring Behavioral Intervention Plans

This workshop will provide attendees with knowledge of regulations pertaining to FBA (Functional Behavior Assessments) and BIP (Behavior Intervention Plans). Participants will review the behavior pathway and the process of building a hypothesis for the FBA. We will review the competing behavior pathway and the development of the BIP with discussion on determining the frequency required to effectively monitor the BIP. Teams may want to bring the profile of a student that can be used during the workshop. Discussion on team planning, collaborating and follow up will support teams for the coming school year.

Facilitators: Special Education Specialists

**Date: July 9, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: Special education teachers, Psychologists, Social Workers, and Administrators

Fee: Coser Members \$125.00 and \$250.00 Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3100826>

## Engaging Students in Meaningful PBL Experiences

Does planning a PBL make you flip out? Use our springboard for success! Learn and apply principles of High Quality PBL design and management strategies for real classrooms. This two-day workshop will cover topics from standards-based curriculum to methods for creating effective groups to developing authentic assessments. Participants will have time and thought partners to help develop their own project during the workshop.

Facilitator: Sarah Fiess

**Dates: July 8 and July 9, 2019**

Time: 8:00 a.m. – 1:00 p.m.

Coffee and snacks are included

Location: Tech Valley HS, Albany

Fee: Coser Members \$250.00 and \$500.00 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099670>

## Next Generation Standards: ELA & Math 3-5

Will you be ready to adopt the Next Generation Learning Standards in Mathematics and English/Language Arts by 2020? Participants in this workshop will be given an overview of the Next Generation ELA and Math Learning Standards, opportunity and time to examine changes in curriculum, vocabulary and instruction. Questions that will be explored are: How will you prepare for the change? How will these changes affect your curriculum and instruction? How can you use cross-curricular understandings to update your curriculum effectively and efficiently?

Facilitators: Arlene DeSiena and Christine Willmart

**Date: July 16, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: Grades 3-5 teachers, administrators and curriculum coordinators

Fee: CoSer Members \$125 and \$250 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098685>

## Next Generation Standards: ELA & Math PreK-2

Will you be ready to adopt the Next Generation Learning Standards in Mathematics and English/Language Arts by 2020? Participants in this workshop will be given an overview of the Next Generation ELA and Math Learning Standards, opportunity and time to examine changes in curriculum, vocabulary and instruction. Questions that will be explored are: How will you prepare for the change? How will these changes affect your curriculum and instruction? How can you use cross-curricular understandings to update your curriculum effectively and efficiently?

Facilitators: Arlene DeSiena and Christine Willmart

**Date: July 17, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: Grades preK-2 teachers, administrators and curriculum coordinators

Fee: CoSer Members \$125 and \$250 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098694>

## Cultural Responsiveness in Education: A Starting Point

In this session, participants will explore the importance and characteristics of a culturally responsive school climate. Participants will explore strategies to work collaboratively with colleagues in order to foster a more equitable academic environment for ELLs. Participants will also look at strategies for building collaborative relationships with families.

Facilitators: R-BERN Specialists: Sandy Strock, Jessa Waterhouse, Carmen Diaz

**Date: July 18, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Fee: No cost to attend

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?I=3096844&D=15197>

## APPR Teacher Lead Evaluator Initial Training

This workshop will include information on the current Annual Professional Performance Review (APPR) 3012-D law and how it will impact your role as an administrator. Hands on practice with performance levels and how it relates to your district's teacher evaluation tool.

The following questions will be addressed:

- What is the purpose of the APPR process and how can it be used to strengthen your school's goals?
- What are the various protocols and logistics for an effective evaluation?
- How are differences in performance levels determined? In particular, what is the difference between Proficient and Distinguished performance levels?
- What exactly is "Student Centered Instruction"? What does it look like and sound like in real classrooms? What instructional moves can teachers make to strengthen Student Centered Instruction in their classrooms?
- How is Inter-Rater Reliability defined? We will practice scoring examples using video clips, written samples and the rubric.

Facilitator: Christine Willmart

**Date: July 22, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Fee: Coser Members \$200.00 and \$400.00 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098781>

## SED Restorative Practices

Restorative Practices training with Dr. Tom Cavanagh and co-trainers from New York State BOCES and School Districts regionally over the summer of 2019. Participants will learn how to establish a culture of care in schools through using restorative practices and will develop a workplan to roll out restorative practices when returning to their district. School districts must show superintendent/board of education and building level principal support for the implementation of restorative practices in a school in school year 2019-2020.

Registration for this workshop will be through NYSED

Facilitators: Dr. Tom Cavanagh and NYS BOCES representatives

**Dates: July 23 through July 26, 2019 (4 day commitment)**

Time: 8:00 a.m. – 4:00 p.m.

Location: Questar III Conference Center

Target Audience: Special education teachers, Psychologists, Social Workers, and Administrators

## ISTE Standards

We have standards for every subject in education. ISTE Standards are the standards for how students, teachers and other levels should approach technology in the classroom. These standards don't live in a bubble – they reach into every subject, just as technology can reach to every learner.

In this workshop, we will go over what these standards are, focusing on the student standards and showing the teacher standards and their correlation to the student standards. We will work on incorporating these standards into your lessons. We will be looking at different resources that will be beneficial to technology integration, such as SAMR and TPAK, or to taking the ISTE certification in the future. Please bring lessons, units, and ideas to discuss and brainstorm. Also please bring your computer if available. We will have some Chromebooks available, but if you have your own, please consider bringing it.

Facilitator: Carolyn Strauch

**Date: July 29, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: Content Specialists, K-12 Teachers, Administrators, Teacher leaders

Fee: CoSer Members \$125 and \$250 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099628>

## APPR Teacher Lead Evaluator Recertification Training

This workshop will dive deeper into performance levels and hands on practice, with emphasis on:

- Inter-rater reliability
- Impact on your role as an administrator
- How the APPR process can be used to strengthen your school's goals.

We will practice scoring three example using video clips and the rubric.

**Participants will:**

- Hone their evaluation skills and fulfil the recertification requirements.
- Use the rubrics determined in their own district APPR plan.
- Practice scoring using video clips, written samples, and the rubric.

Facilitator: Christine Willmart

**Date: July 31, 2019**

Time: AM session 8:30 a.m. – 11:30 a.m.; PM session 12:30 p.m. – 3:30 p.m.

Coffee and water included

Location: Questar III Conference Center

Fee: Coser Members \$100.00 and \$200.00 for Non-CoSer Members

MyLearningPlan Link (AM Session): <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099603>

MyLearningPlan Link (PM Session): <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099607>

## Twice Exceptional ELLs

Even if we are experts in serving the needs of our English Language Learners, when another variable is added, it can be a challenge to make the best decisions for students who are ELLs plus. This PD will cover ELLs with Disabilities, ELLs with 504s and Gifted and Talented ELLS. We will explore the national and state regulations for each area and use these to better understand the procedures needed to ensure our ELLs are receiving the support they need and deserve.

Participants will receive a copy of the book Special Education Considerations for English Language Learners by Hamayan, Marler, Sanchez-Lopez and Damico

Facilitators: R-BERN Specialists: Sandy Strock, Jessa Waterhouse, Carmen Diaz

**Date: August 2, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Fee: No cost to attend

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?I=3095494&D=15197>

## Progress Monitoring: K-5 Math and ELA

Progress monitoring is an integral part of measuring student response to instruction. It is used to assess a student's progress toward goals, whether it be part of an AIS/RTI plan or an IEP. Progress monitoring quantifies a student's rate of progress and determine the effectiveness of the instruction or intervention. This session will review measurable goals to begin the progress monitoring process. Participants will also learn how to utilize tools to monitor student progress and explore resources that are available.

Facilitators: Special Education Specialists

**Date: August 7, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: K-5 AIS/RTI teachers, special education teachers, school leaders: Principals, CSE chairpersons, etc.

Fee: Coser Members \$125.00 and \$250.00 Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3100846>

## Progress Monitoring: 6-12 Math and ELA

Progress monitoring is an integral part of measuring student response to instruction. It is used to assess a student's progress toward goals, whether it be part of an AIS/RTI plan or an IEP. Progress monitoring quantifies a student's rate of progress and determine the effectiveness of the instruction or intervention. This session will review measurable goals to begin the progress monitoring process. Participants will also learn how to utilize tools to monitor student progress and explore resources that are available.

Facilitators: Special Education Specialists

**Date: August 8, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: 6-12 AIS/RTI teachers, special education teachers, school leaders: Principals, CSE chairpersons, etc.

Fee: Coser Members \$125.00 and \$250.00 Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3100859>

## School Climate Survey & Qualtrics Overview

Learn how Questar III Data Analysts utilize Qualtrics, an all-encompassing survey platform, to create your ESSA-required climate survey for 2019-2020. Data analysts will demonstrate how to use Qualtrics to coordinate, modify, launch and analyze your custom survey for you. Also see how other surveys can be developed through Qualtrics - from staff surveys to parent feedback to student perceptions to impressions on capital projects.

Facilitator: Data Analysts Specialists

**Date: August 8, 2019**

Time: 9:00 a.m. – 12:00 p.m.

Coffee and water included

Location: Questar III Conference Center

Fee: Coser Members \$75.00 and \$150.00 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098810>

## APPR Teacher Lead Evaluator Recertification Training

This workshop will dive deeper into performance levels and hands on practice, with emphasis on:

- Inter-rater reliability
- Impact on your role as an administrator
- How the APPR process can be used to strengthen your school's goals.

We will practice scoring three example using video clips and the rubric.

### Participants will:

- Hone their evaluation skills and fulfil the recertification requirements.
- Use the rubrics determined in their own district APPR plan.
- Practice scoring using video clips, written samples, and the rubric.

Facilitator: Christine Willmart

**Date: August 14, 2019**

Time: AM session 8:30 a.m. – 11:30 a.m.; PM session 12:30 p.m. – 3:30 p.m.

Coffee and water included

Location: Questar III Conference Center

Fee: Coser Members \$100.00 and \$200.00 for Non-CoSer Members

MyLearningPlan Link (AM Session): <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099611>

MyLearningPlan Link (PM Session): <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099609>

## Youth Mental Health First Aid

Youth Mental Health First Aid USA is an 8-hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.

Participants will learn to:

- Assess for risk of suicide or harm
- Listen nonjudgmentally
- Give reassurance and information
- Encourage appropriate professional help
- Encourage self-help and other support strategies

Learn more at: [www.MentalHealthFirstAid.org](http://www.MentalHealthFirstAid.org).

All participants must complete 8 hours in order to receive certification.

Facilitator: Christine Willmart

**Date: August 15, 2019**

Time: 8:00 a.m. -4:00 p.m.

Lunch is included

Location: Questar III Boardroom

Target Audience: The course is designed for adults who regularly interact with adolescents (teachers, school staff, coaches, youth group leaders, parents, etc.).

Fee: CoSer Members \$150 and \$300 for Non-CoSer Members

My LearningPlan Link:

<https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098673>

## Next Generation Standards: ELA & Math 6-8

Will you be ready to adopt the Next Generation Learning Standards in Mathematics and English/Language Arts by 2020? Participants in this workshop will be given an overview of the Next Generation ELA and Math Learning Standards, opportunity and time to examine changes in curriculum, vocabulary and instruction. Questions that will be explored are: How will you prepare for the change? How will these changes affect your curriculum and instruction? How can you use cross-curricular understandings to update your curriculum effectively and efficiently?

Facilitators: Arlene DeSiena and Christine Willmart

**Date: August 20, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: Grades 6-8 teachers, curriculum coordinators, department chairs and administrators

Fee: CoSer Members \$125 and \$250 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098714>

## AP English Language and Composition

This workshop for new and experienced teachers will review materials, course outlines, content-related handouts, student samples, and scoring guidelines that focus on pedagogical techniques and content-specific strategies that you can use in the classroom.

- Align your instruction with the goals of the AP English Language and Composition course.
- Identify the skills and knowledge that the exam will assess, and identify the tasks and materials for which students might need more preparation.
- Draft a syllabus that meets the curricular requirements for the course.
- Make equitable access a guiding principle in designing instruction.

Facilitator: College Board

**Dates: August 20, 2019**

Time: 8:30 a.m. – 3:30 p.m.

Lunch is included

Location: Questar III Board Room

Target Audience: High School English Teachers

Fee: Coser Members \$300.00 and \$600.00 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&H=1&I=3101306>

## ESSA Refresher

Need a review of ESSA? Want to know how your suspension data will be used? Come to participate in a facilitated discussion of your own accountability data, with new information on the ESSA accountability system to prepare you for the 2019-2020 school year. Districts will want to bring their own ESSA data via laptops to ensure a quality experience.

Facilitator: Data Analysts Specialists

**Dates: August 21, 2019**

Time: 9:00 a.m. – 12:00 p.m.

Coffee and water included

Location: Questar III Conference Center

Fee: Coser Members \$75.00 and \$150.00 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099600>

## **APPR Teacher Lead Evaluator Initial Training**

This workshop will include information on the current Annual Professional Performance Review (APPR) 3012-D law and how it will impact your role as an administrator. Hands on practice with performance levels and how it relates to your district's teacher evaluation tool.

The following questions will be addressed:

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- How is Inter-Rater Reliability defined? We will practice scoring examples using video clips, written samples and the rubric.

Facilitator: Christine Willmart

Date: **August 22, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Fee: CoSer Members \$200.00 and \$400.00 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098782>

## **Introduction to Coding (Web Application Technology)**

This two-day workshop, targeted for classroom teachers in multiple disciplines, will focus on the basic components of coding. At the end of this workshop, participants will possess the knowledge and tools to implement coding into aspects of their classroom instruction. Teachers will be able to introduce their students to the skills in modern programming. Coding is huge area of growth in the STEM world today. Some high school graduates who master these skills find high paying software developer jobs with no further training. Others earn advanced certificates with technology companies, 2 or 4- year degrees at colleges or universities and in either case have unlimited opportunities for future employment. This workshop will give teachers the knowledge and skills to help inspire and prepare students for a career in coding.

Facilitator: Jason Wang, Responsive Learning, LLC

Dates: **August 26 & August 27, 2019**

Time: 8:30 a.m. – 1:30 p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: Content Specialists, K-12 Teachers, Administrators, Teacher leaders

Fee: CoSer Members \$250 and \$500 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3099620>

## **Inferential Statistics in Algebra 2**

Inferential statistics, including simulations, are prevalent in our current and future Algebra Regents, primarily in Algebra 2. This workshop will evaluate strategies for success on Regents type questions and will provide resources and time to create practice problems and activities to enhance preparation while maximizing class time.

Facilitators: Heidi Bromley

Date: **August 28, 2019**

Time: 8:30a.m. – 1:30p.m.

Coffee and snacks are included

Location: Questar III Conference Center

Target Audience: High School Math teachers

Fee: CoSer Members \$125 and \$250 for Non-CoSer Members

MyLearningPlan Link: <https://www.mylearningplan.com/WebReg/ActivityProfile.asp?D=15197&I=3098754>